



PSYCHOTROPIC MEDICATION POLICY/AGREEMENT

POLICY:

Randolph College Health Center offers a limited range of minor medical services seeking to help evaluate, diagnose, and treat acute and episodic medical conditions.

The Health Center, per the discretion of the director and nurse practitioner (**and with proper documentation from a prescribing provider**), is willing to treat a limited range of conditions (see below), and prescribe a limited range of (class/classes of) psychotropic medications (see below), and follow these students accordingly.

Conditions/diagnoses:

- ADD/ADHD
- Mood Disorders: specifically, depressive disorders only
- Anxiety Disorders: specifically, Generalized Anxiety Disorder, Panic Disorder, PTSD, and Acute Stress Disorder
- Sleep Disorders

The Health Center is willing to follow students on psychotropic medications in coordinated care with their prescribing provider per the discretion of Health Center staff.

Students will be strongly encouraged to follow with counseling services at least once per semester, or as deemed appropriate by counseling services.

Students choosing not to adhere to the medication agreement will forfeit the privilege of having the Health Center refill their medication.

***Students should be aware that sharing, lending, or selling prescription drugs is illegal, and that it can lead to prosecution by the law.** Students should understand if they engage in this type of behavior, they will forfeit their privilege to have medication refilled in the Health Center and can be charged with distribution of prescription medications without a license by local authorities.

PROCEDURE:

Students should be followed on a regular basis, at least annually, by the prescribing provider to monitor for side effects and determine changes needed in medication/dosage.

Students are required to have a face-to-face consultation with a prescribing Health Center provider each time they need a refill.

Students being treated by the Health Center with psychotropic medications must sign a Medication Agreement (see attached) that reviews Health Center protocols regarding these medications.

Students are also encouraged to make good use of appropriate support services on campus, particularly the Counseling Center, the Office of Access Services, and Academic Services Center. Medication alone may not be sufficient; whereas, medication and support tends to be the most successful strategy.

The Health Center does not perform initial diagnostic testing for diagnoses such as ADD and ADHD. Therefore, no prescriptions for stimulant medications will be written unless there is a previous diagnosis by a prescribing provider. In addition, once the testing is performed by the outside agency, a copy of the results must be given to the Health Center before prescriptions will be given. Medications for ADD/ADHD are controlled substances; federal law limits prescriptions to 30-day allotments. Families are strongly encouraged **not** to send any kind of medication through the mail. More so, sending controlled substances through the mail is illegal. Rather, students are strongly encouraged to consult regularly with the prescribing provider and to fill/refill their prescriptions at one of the nearby pharmacies (CVS, Kroger, Walgreens, or Wal-Mart).

Pharmacies need an **original hard copy** of the prescription from the prescribing health care professional (faxes or electronics versions are not acceptable, per Federal Law). If they need to, families are encouraged to send the written prescriptions through the mail (and **not** the medications).

Medications should be kept in a secure lock-box in the student's room. Students are responsible for communicating with roommates, suitemates, and RAs about special concerns with regard to storing or accessing medications.

ACCOMMODATIONS:

Students requesting accommodations can make an intake appointment with the Coordinator of Access Services by calling 434-947-8132.



RANDOLPH COLLEGE

MEDICATION AGREEMENT

I, _____, understand and have read Randolph College Health Center's policy on medication prescription refills with regard to my diagnosis. I understand that should I choose not to fulfill the items requested in the policy, that I may forfeit my opportunity to receive medication refills for my diagnosis in the future.

I have been given the opportunity to ask questions and understand the importance of compliance with my medication and follow-up visits with my providers.

Student Signature

Date

Health Center Staff Signature

Date